












Spring – Breakfast / Snack / Lunch

		Monday	Tuesday	Wednesday	Thursday	Friday
Wk 1	BF	Cereal	Bagel and Cream Cheese	Chocolate Overnight Oats	Breakfast Couscous	Apple and Cinnamon Smoothie Bowl
	Snack	Carrot Sticks and Bean dip	Apple and pears	Breadsticks and soft cheese	Tropical Fruit selection	Cracker and Butter
	Lunch	Herby Spring Chicken Pot Pie S/W Mixed Vegetables ----- Honeyed Orange and Grapefruit slices	 Vegetarian Singapore Noodles ----- Yoghurt	Italian White Bean Soup S/W Herby Polenta Croutons ----- Fruity Frozen Custard Pudding 	Salmon, Green veg and Potato Kale Pesto bake ----- Melon	 masala Frittata Indian carrot / spinach salad ----- Mango Kulfi
Wk 2	BF	Roasted Peaches with Yoghurt and Oat sprinkles	Cereal	 Brioche and Cheese	Toast and Butter	Banana Breakfast Bread
	Snack	Cheesy BBQ Popcorn	Pineapple Slices	Baked Banana chips	Choc chip and mix fruits	Fruit Selection
	Lunch	Summer Veg Crostini with Mozzarella and sweet pot fries  ----- Rhubarb and apple Crumble	Honey Roasted Chicken with Butterbean Dauphinoise and parsnips ----- Fruity Frozen Yoghurt Bites	Turkey Bun Cha  ----- Watermelon Granita	Pea Falafels with minty herb dip and Pitta ----- Roasted Apricots	Cheesy stuffed Meatloaf S/W Carrot, courgette and Tomato Salad ----- Fruit Salad
Wk 3	BF	Toast with a selection of spreads	Fruit Salad and Yoghurt	Cereal	Rise and Shine Muffins S/W Orange Juice	Breakfast Splits
	Snack	Berry Mix up	Oatcakes and Butter	Cheese and Apples / Grapes	Tomato and Cucumber	Kale Crisps
	Lunch	Bombay Lamb Wraps with Cucumber / tomato yoghurt salad  ----- Watermelon	Lincolnshire Poacher Pie S/w Broccoli apple slaw ----- Stewed Rhubarb and Berries 	Chimichurri Fish Tray bake with Sweet potato  ----- Jelly	Spring green Fattoush with Peach Couscous ----- Citrus Cheesecake	 Make your own Pitta Pizza ----- Jam Tarts
WK 4	BF	Hot Cross Buns	Pear Bircher	Tomato on Toast	Melon and Bran Pots	Cereal
	Snack	Crispbreads with cheese	Fruit Selection	Apple Sandwiches	Rice Cakes	Indian Spiced Popcorn
	Lunch	Sausage with Egyptian Courgettes and Dukkah Sprinkle  ----- Cranachan Ice Cream Sundae	Baked Gnocchi with Marinara Sauce ----- Mango Slices	Chickpea and Coriander Burger S/W Mustard Potato Salad and carrot salad ----- Yoghurt	Spring vegetable and Noodle slice S/W Crunchy 5 spice salad  ----- Fruit Selection	Homemade Red Pepper Bean Wraps S/W Crunchy Chickpeas and salad ----- Banana Custard Pots

Fruit and Vegetable Bowl (Including Dried Fruit) will be made available to children who wish to have a snack in the afternoon

Dietary Information: Where required Dairy, Egg, Meat and Sugar free alternatives will be provided